

# **LONG DISTANCE WINTER CHAMPIONSHIPS 2022**

**FREYBERG POOL, PALMERSTON NORTH**

**FRIDAY 22 July 2022**

**Warm Up 6:15pm - START 6.45pm**

- |                |                 |
|----------------|-----------------|
| 1. Male Open   | 1500m Freestyle |
| 2. Female Open | 1500m Freestyle |
| 3. Male Open   | 800m Freestyle  |
| 4. Female Open | 800m Freestyle  |

## **MEET CONDITIONS**

- **No late entries accepted**
- **Entries close 22:00 Saturday 17 July 2022** via the SNZ database.
- **Entry fees are \$7.00 per event (including relays) to be paid at the time of entry.**
- Parking for **all** swimmers is in the main car park, please do not park adjacent to the pool unless you are eligible to use the disabled parking.
- No water is available for warm up or warm down during the session
- All events are Timed Finals
- The Protest fee will be \$100.00 cash.
- Refunds will be made up to 20 July 2022, thereafter on production of a medical certificate presented on the day.
- All swimmers must be registered competitive members of Swimming New Zealand. Age is as at first day of the meet.
- Swimming Manawatu reserves the right to alter the programme and limit entries should the need arise.
- Medals will be awarded for first, second and third places.
- Participating Clubs will be required to provide timekeepers.
- The Organisers will not be liable for any loss or damage during the period of the meet. All participants must agree to comply with the Sports' Anti-Doping Rules.

Pysch sheets will be emailed wherever possible and will also be available on the Manawatu website – [www.manawatu.swimming.org.nz](http://www.manawatu.swimming.org.nz)

All queries to: [manswim.racing@gmail.com](mailto:manswim.racing@gmail.com)